

VS&F Junior Tennis Academy

**Winter Session:
January 20th –
March 10th, 2026**

**Register Now
Spots Fill Up Fast**

Engaging and dynamic classes using games and drills to develop tennis skills. Children are motivated to learn through fun lessons adapted for their age range.

Kids (ages 7-9)

This age group is a mix of continual development of agility, team-work, and hand-eye coordination while also beginning to develop finer skills and fun games.

Youth (ages 10-14)

This is a very important stage where kids develop their skills, emphasizing technique and focus, while still being fun. They also will learn how to play the game and a sense of personal achievement.

With Head Tennis Professional Rob Purdy



Schedule:

**Kids
Ages 7-9
&
Youth
Ages 10-14**

Tuesdays
4:00–5:00 p.m.

**8-Week
Program: \$159**

**Register Now
Enrollment Limited**



VERMONT
SPORT & FITNESS CLUB

Vermont Sport & Fitness Club
40 Curtis Ave, Rutland, VT 05701
(802) 775-9916 • vsandf.com
vtsportandfitness@gmail.com



VERMONT
SPORT & FITNESS CLUB

Junior Tennis Academy Registration Form

Student's Name _____ D.O.B _____

2nd Student's Name _____ D.O.B _____

Address _____

City _____ State _____ Zip _____

Parent's Name _____

Mobile Phone _____ Home/Work Phone _____

Email _____

Medical Info _____

(physical alerts, allergies, medications, etc.)

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Youth (ages 10-14): Tuesdays 4:00–5:00 pm

**Register now,
enrollment
limited**

Amount enclosed (\$159 per student): _____

8 Weeks: \$159

Please check this box if your child cannot be in any Tennis Academy pictures:

Enrollment limited. Return this form with payment to:

Vermont Sport & Fitness Club, 40 Curtis Ave., Rutland, VT 05701

Questions? Call or email (802) 775-9916, vtsportandfitness@gmail.com

Coming Up:

Vermont Five Star Tennis Camp

Learn Tennis—Have Fun! Plus Swimming, Games, & Activities

Monday–Thursday, 9 a.m. – Noon • June 15th – July 30th, 2026

Attend Any Weeks You Choose • Ages 6–16 • All Ability Levels • \$139/week