

# VS&F Junior Tennis Academy

## Fall Session: Sept 8 - Dec 17, 2020



*Engaging and dynamic classes using games and drills to develop tennis skills. Children are motivated to learn through fun lessons adapted for their age range.*

### **Munchkin (ages 5, 6)**

An introduction to the sport, children develop their physical abilities with motor skills, agility, team-work, hand-eye coordination and games. They learn the basics of the game while having fun.

### **Kids (ages 7, 8, 9)**

This age group is a mix of continual development of agility, team-work, and hand-eye coordination while also beginning to develop finer skills and fun games.

### **Youth (ages 10, 11, 12)**

This is a very important stage where kids develop their skills, emphasizing technique and focus, while still being fun. They also will learn how to play the game and a sense of personal achievement.

### **Teen (ages 13-16)**

Teens will continue to develop and customize their tennis skills. Great preparation for high school team tennis at the JV or Varsity level. Perfect age to build a lifetime sport.

With Head Tennis Professional Rob Purdy.

## **Schedule:**

### **Munchkin (30 Minutes)**

Tuesdays 3:30-4 pm

### **Kids (60 Minutes)**

Tuesdays 4-5 pm

### **Youth (60 Minutes)**

Wednesdays 4-5 pm

### **Teen (60 Minutes)**

Thursdays 4-5 pm

Fridays 4-5 pm

### **15-Week Program**

60 Minutes: \$299

30 Minutes: \$179

**Register now,  
enrollment limited.**



**VERMONT**  
SPORT & FITNESS CLUB

**Vermont Sport & Fitness Club**  
40 Curtis Ave, Rutland, VT 05701  
(802) 775-9916 • vsandf.com  
vtsportandfitness@gmail.com



**VERMONT**  
SPORT & FITNESS CLUB

# Junior Tennis Academy Registration Form

Student's Name \_\_\_\_\_ D.O.B \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent's Name \_\_\_\_\_

Mobile Phone \_\_\_\_\_ Home/Work Phone \_\_\_\_\_

Email \_\_\_\_\_

Medical Info \_\_\_\_\_  
(doctor's name/number, physical alerts, allergies, medications, etc.)

## September 8th – December 17th, 2020 (15 weeks)

**Munchkin (30 min, ages 5–6)**

Tuesdays 3:30–4:00 pm

Check desired time

**Register now,  
enrollment  
limited**

**Kids (60 min, ages 7–9)**

Tuesdays 4:00–5:00 pm

60 Minutes: \$299  
30 Minutes: \$179

**Youth (60 min, ages 10–12)**

Wednesdays 4:00–5:00 pm

**Teens (60 min, ages 13–16)**

Thursdays 4:00–5:00 pm

Fridays 4:00–5:00 pm

Please check this box if your child cannot be in any Tennis Academy pictures:

**Enrollment limited. Return this form with payment to:**

Vermont Sport & Fitness Club, 40 Curtis Ave., Rutland, VT 05701

**Questions?** Call or email Dan Doenges, (802) 775-9916, vtsportandfitness@gmail.com