Vermont Sport & Fitness with *Tennis Aguilar*

VS&F Tennis Academy

September 26th – December 17th, 2017

Engaging and dynamic classes using games and drills to develop tennis skills. Children are motivated to learn though fun lessons adapted for their age range. Classes are sized to allow for individual attention.

Munchkin Tennis (3–4) & Kinder Tennis (5–6)

An introduction to the sport, children develop their physical abilities with motor skills, agility, team-work, hand-eye coordination and games. They learn the basics of the game while having fun.

Mini Tennis (7–8) & Kid's Tennis (9–10)

This is a very important stage where kids develop their skills in the sport. There is more emphasis on technique, while still being fun.

Teens (11–13)

For those who want to get started in tennis or have limited experience. Learn all the basics of the game, including rules and scoring. Good preparation for a school tennis team.

Akhnaton (Paco) Aguilar: Professional tennis coach with 19 years experience. Former professional tennis player in Mexico. Certified professional tennis coach by Professional Tennis Registry (PTR) and Tennis Coach Level 2 by the International Tennis Federation (ITF).

Schedule:

Munchkin Tennis (3–4)
Tuesdays 3:30–4:00 pm
Wednesdays 3:30–4:00 pm
Sundays 11:00–11:30 am

Kinder Tennis (5–6)
Thursdays 5:00–5:30 pm
Sundays 11:30–12:00 pm

Mini Tennis (7–8)
Tuesdays 4:00–5:00 pm

Kid's Tennis (9–10)
Fridays 4:00–5:00 pm

Teens (11–13)
Saturdays 9:30–10:30 am
Sundays 10:00–11:00 am

Program Costs:

1 hr for 12 wks: $240
6 wks: $150
½ hr for 12 wks: $150
6 wks: $95

VERMONT SPORT & FITNESS CLUB

with

Tennis Aguilar

Register at:

Vermont Sport & Fitness Club
40 Curtis Ave, Rutland, VT 05701
(802) 775-9916 • vsandf.com
ddoenges@gmail.com

VERMONT
SPORT & FITNESS CLUB

VS&F Tennis Academy Registration Form

Student's Name _____ Age _____

Address _____

City_____ State_____Zip _____

Parent's Name _____

Mobile Phone _____Home/Work Phone_____

Email_____

Medical Info_____
(doctor's name/number, physical alerts, allergies, medications,etc.)

Full session: 12 weeks—September 26 – December 17, 2017
1st half: 6 weeks—Sept 26 – Nov 5, 2017 • **2nd half:** 6 weeks—Nov 7 – Dec 17, 2017

(Please place a check mark by desired program/session)

	Full session	1st half	2nd half
Munchkin Tennis (ages 3–4)			
Tuesdays 3:30–4:00 pm	❑ $150	❑ $95	❑ $95
Wednesdays 3:30–4:00 pm	❑ $150	❑ $95	❑ $95
Sundays 11:00–11:30 am	❑ $150	❑ $95	❑ $95
Kinder Tennis (ages 5–6)			
Thursdays 5:00–5:30 pm	❑ $150	❑ $95	❑ $95
Sundays 11:30–12:00 pm	❑ $150	❑ $95	❑ $95
Mini Tennis (ages 7–8)			
Tuesdays 4:00–5:00 pm	❑ $240	❑ $150	❑ $150
Kid's Tennis (ages 9–10)			
Fridays 4:00–5:00 pm	❑ $240	❑ $150	❑ $150
Teens (ages 11–13)			
Saturdays 9:30–10:30 am	❑ $240	❑ $150	❑ $150
Sundays 10:00–11:00 am	❑ $240	❑ $150	❑ $150

Enrollment limited. Return this form with your payment to:
Vermont Sport & Fitness Club, 40 Curtis Ave., Rutland, VT 05701

Questions? Call or email Dan Doenges, (802) 775-9916, Dan@vsandf.com