



**VERMONT**  
SPORT & FITNESS CLUB

**Voted Best Gym/Health Club:**

- The Rutland Herald
- Vermont Business Magazine
- Market Surveys of America

# tennis



## Weekly Tennis Clinics

**Thursdays & Saturdays, 10:30 am – 12 pm.** Improve your game and meet new people. 3.5+. \$16 members, \$24 non-members. Call to reserve your spot.

## Specialty Tennis Clinics

**Five-Week Series.** \$79 members, \$129 non-members. Call to register.

**Tennis 101:** Mondays 10–11 a.m. *Beginners and Intermediates.*

**Young Professionals:** Saturdays 9:30–10:30 a.m.

## Fixed-Partner League

Competitive, fun, and flexible; teams play 10-week season w/8 matches and a playoff. Register in advance, \$20/team + court fees.

## Tennis Leagues

**Summer Session:** May–September

**Fall Session:** September–January

**Winter Session:** January–May  
Beginners to 4.5+ players.

## Private Tennis Lessons

Individual & Fixed Partner/Doubles

## Membership Options

**\$99/month: Racquet Sport Membership.** Unlimited open play and leagues, court fees included, plus full VS&F membership. \$50 initiation fee, first & last + tax due on joining.

**\$59/month: VS&F Membership.** Includes full VS&F membership only. Court fees and league fees paid per use, \$3.30–5.75/hr p.p. \$50 initiation fee, first & last + tax due on joining.

## Tennis at VS&F:

- Four outdoor Har-Tru (clay) courts
- Three professionally lit indoor courts
- All players are matched by ability
- Free new-member hit with a pro
- Pro shop with restringing, grips, balls
- Ball machine rental for members

