

VS&F Junior Tennis Academy

Spring Session: April 9 – June 30, 2019



Engaging and dynamic classes using games and drills to develop tennis skills. Children are motivated to learn through fun lessons adapted for their age range.

Munchkin (ages 3, 4, 5)

An introduction to the sport, children develop their physical abilities with motor skills, agility, team-work, hand-eye coordination and games. They learn the basics of the game while having fun.

Kids (ages 6, 7, 8)

This age group is a mix of continual development of agility, team-work, and hand-eye coordination while also beginning to develop finer skills and fun games.

Youth (ages 9, 10, 11)

This is a very important stage where kids develop their skills, emphasizing technique and focus, while still being fun. They also will learn how to play the game and a sense of personal achievement.

Teen (ages 12, 13, 14, 15)

For those who want to get started in tennis or have limited experience. Learn all the basics of the game, including rules and scoring. Good preparation for a school tennis team.

With PTR Tennis Professional Akhnaton (Paco) Aguilar.

Schedule:

Munchkin (45 Minutes)

Tuesdays 3:10–3:55 pm
Thursdays 3:10–3:55 pm
Sundays 9:30–10:15 am

Kids (60 Minutes)

Tuesdays 4–5 pm
Thursdays 4–5 pm

Youth (60 Minutes)

Wednesdays 4–5 pm
Thursdays 5–6 pm
Saturdays 2–3 pm

Teen (90 Minutes)

Fridays 5:30–7 pm

12-Week Program:

90 Minutes: \$379

60 Minutes: \$249

45 Minutes: \$199

**Register by March 20
to Save 10%**



VERMONT
SPORT & FITNESS CLUB

Vermont Sport & Fitness Club

40 Curtis Ave, Rutland, VT 05701

(802) 775-9916 • vsandf.com

Dan@vsandf.com



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Junior Tennis Academy Registration Form

Student's Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Parent's Name _____

Mobile Phone _____ Home/Work Phone _____

Email _____

Medical Info _____
(doctor's name/number, physical alerts, allergies, medications, etc.)

April 9 – June 30, 2019 (12 weeks)

Munchkin (45 min, ages 3, 4, 5) Check desired time(s)

- Tuesdays 3:10–3:55 pm
- Thursdays 3:10–3:55 am
- Sundays 9:30–10:15 am

Kids (60 min, ages 6, 7, 8)

- Tuesdays 4:00–5:00 pm
- Thursdays 4:00–5:00 pm

Youth (60 min, ages 9, 10, 11)

- Wednesdays 4:00–5:00 pm
- Thursdays 5:00–6:00 pm
- Saturdays 2:00–3:00 pm

Teens (90 min, ages 12, 13, 14, 15)

- Fridays 5:30–7:00 pm

**Register by March 20
to Save 10%:**

- 90 Minutes: \$339
- 60 Minutes: \$224
- 45 Minutes: \$179

After March 20:

- 90 Minutes: \$379
- 60 Minutes: \$249
- 45 Minutes: \$199

*Save an additional 10%
when you enroll in more
than one session per week.*

Please check this box if your child cannot be in any Tennis Academy pictures:

Enrollment limited. Return this form with payment to:

Vermont Sport & Fitness Club, 40 Curtis Ave., Rutland, VT 05701

Questions? Call or email Dan Doenges, (802) 775-9916, Dan@vsandf.com

Upcoming Sessions:

Summer Session: July 1 – September 22, 2019 (12 weeks)

Fall Session: September 24 – December 15, 2019 (12 weeks)