

VS&F Basketball Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am	Open Gym		Open Gym				
6am							
7am							
8am							
9am	Boot Camp Setup		Boot Camp Setup			Open Gym	Open Gym
10am	Boot Camp		Boot Camp		Open Gym		
11am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
12pm							
1pm							
2pm							
3pm			Open Gym				Skills Cinic
4pm							Skills Cinic
5pm			Kettlebells				Open Gym
6pm			Open Gym				
7pm							
8pm							
9pm							