

Vermont Sport & Fitness with *Tennis Aguilar*

VS&F Tennis Academy

September 26th – December 17th, 2017



Come to our
Free Clinic

Sundays August 27th,
September 3rd & 17th

11:30 ages 10 & under
12:00 ages 11-13

Engaging and dynamic classes using games and drills to develop tennis skills. Children are motivated to learn through fun lessons adapted for their age range. Classes are sized to allow for individual attention.

Munchkin Tennis (3-4) & Kinder Tennis (5-6)

An introduction to the sport, children develop their physical abilities with motor skills, agility, team-work, hand-eye coordination and games. They learn the basics of the game while having fun.

Mini Tennis (7-8) & Kid's Tennis (9-10)

This is a very important stage where kids develop their skills in the sport. There is more emphasis on technique, while still being fun.

Teens (11-13)

For those who want to get started in tennis or have limited experience. Learn all the basics of the game, including rules and scoring. Good preparation for a school tennis team.

Akhnaton Aguilar Sanchez: Professional tennis coach with 19 years experience. Former professional tennis player in Mexico. Certified professional tennis coach by Professional Tennis Registry (PTR) and Tennis Coach Level 2 by the International Tennis Federation (ITF).

Schedule:

Munchkin Tennis (3-4)

Tuesdays 3:30-4:00 pm
Wednesdays 3:30-4:00 pm
Sundays 11:00-11:30 am

Kinder Tennis (5-6)

Thursdays 5:00-5:30 pm
Sundays 11:30-12:00 pm

Mini Tennis (7-8)

Tuesdays 4:00-5:00 pm

Kid's Tennis (9-10)

Fridays 4:00-5:00 pm

Teens (11-13)

Saturdays 9:30-10:30 am
Sundays 10:00-11:00 am

Program Costs:

1 hr for 12 wks: \$240
6 wks: \$150
½ hr for 12 wks: \$150
6 wks: \$95



VERMONT
SPORT & FITNESS CLUB

with

Tennis  *Aguilar*

Register at:

Vermont Sport & Fitness Club
40 Curtis Ave, Rutland, VT 05701
(802) 775-9916 • vsandf.com
ddoenges@gmail.com



VERMONT
SPORT & FITNESS CLUB

VS&F Tennis Academy Registration Form

Student's Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Parent's Name _____

Mobile Phone _____ Home/Work Phone _____

Email _____

Medical Info _____

(doctor's name/number, physical alerts, allergies, medications, etc.)

Full session: 12 weeks—September 26 – December 17, 2017

1st half: 6 weeks—Sept 26 – Nov 5, 2017 • **2nd half:** 6 weeks—Nov 7 – Dec 17, 2017

(Please place a check mark by desired program/session)

	Full session	1st half	2nd half
Munchkin Tennis (ages 3-4)			
Tuesdays 3:30-4:00 pm	<input type="checkbox"/> \$150	<input type="checkbox"/> \$95	<input type="checkbox"/> \$95
Wednesdays 3:30-4:00 pm	<input type="checkbox"/> \$150	<input type="checkbox"/> \$95	<input type="checkbox"/> \$95
Sundays 11:00-11:30 am	<input type="checkbox"/> \$150	<input type="checkbox"/> \$95	<input type="checkbox"/> \$95
Kinder Tennis (ages 5-6)			
Thursdays 5:00-5:30 pm	<input type="checkbox"/> \$150	<input type="checkbox"/> \$95	<input type="checkbox"/> \$95
Sundays 11:30-12:00 pm	<input type="checkbox"/> \$150	<input type="checkbox"/> \$95	<input type="checkbox"/> \$95
Mini Tennis (ages 7-8)			
Tuesdays 4:00-5:00 pm	<input type="checkbox"/> \$240	<input type="checkbox"/> \$150	<input type="checkbox"/> \$150
Kid's Tennis (ages 9-10)			
Fridays 4:00-5:00 pm	<input type="checkbox"/> \$240	<input type="checkbox"/> \$150	<input type="checkbox"/> \$150
Teens (ages 11-13)			
Saturdays 9:30-10:30 am	<input type="checkbox"/> \$240	<input type="checkbox"/> \$150	<input type="checkbox"/> \$150
Sundays 10:00-11:00 am	<input type="checkbox"/> \$240	<input type="checkbox"/> \$150	<input type="checkbox"/> \$150

Enrollment limited. Return this form with your payment to:
Vermont Sport & Fitness Club, 40 Curtis Ave., Rutland, VT 05701

Questions? Call or email Dan Doenges, (802) 775-9916, Dan@vsandf.com